



REPORT TO ABERDEENSHIRE INTEGRATION JOINT BOARD – 27 FEBRUARY 2019

REHABILITATION AND ENABLEMENT PATHWAY

1 Recommendation

It is recommended that the Integration Joint Board:-

- 1.1 Review the work that has been undertaken to date to develop and implement an integrated rehabilitation and enablement pathway in Aberdeenshire;
- 1.2 Acknowledge that further work is in progress to lead local implementation, build on emerging good practice and address the barriers identified by teams; and
- 1.3 Agree to request and receive regular performance reports from the Operational Management Team/Senior Management Team.

2 Risk

- 2.1 IJB Risk 1589: Risk of failure to deliver standards of care expected by the people of Aberdeenshire in the right place at the right time.
- 2.2 Successful implementation of the integrated rehabilitation and enablement pathway by local integrated multi-disciplinary teams will contribute to mitigating the risk of failure to provide safe, effective, sustainable services built around people, to maximise opportunities arising from integrated working and to modernise services to improve outcomes.

3 Background

- 3.1 Funding was secured in 2011 from the Aberdeenshire Change Fund to test and evaluate an integrated health and social care model for provision of rehabilitation and enablement.
- 3.2 The evaluation concluded that rehabilitation and enablement needed to be embedded in the practice of all health and social care team members to move from an approach to care which encourages dependency to one that enables independence. An action plan to support this change in culture was agreed in 2014.



- 3.3 The integrated rehabilitation and enablement pathway, process for implementation and supporting paperwork were agreed at the end of 2015 following a series of workshops.
- 3.4 Inclusive eligibility criteria were agreed with an expectation that rehabilitation and enablement would be the default pathway for all new requests for provision of care at home service. The exception to this was requests for support with end of life care at home.
- 3.5 A face to face training package for health and social care teams was developed and piloted in the Kincardine & Mearns area during January and February 2016. This was rolled out across Aberdeenshire during 2016 and early 2017. The training was delivered by a small core team with support from local team managers and practitioners, as capacity allowed.
- 3.6 Rehabilitation and enablement has been agreed as one of the key operational themes in the Health & Social Care Partnership medium term financial strategy 2018 – 2023.

4 Current status

- 4.1 There are some examples of change in practice. We have learned from teams that local leadership and the development of joint allocation meetings are key to successful implementation of the integrated rehabilitation and enablement pathway after completing the training. To date, this has varied across Aberdeenshire.
- 4.2 We are aware that some teams are working differently together – using the skills of team members more effectively to direct service users away from the traditional care pathway. Teams were provided with a data collection tool to support them to evidence implementation of the integrated rehabilitation and enablement pathway and to demonstrate service user outcomes. This has been reviewed and simplified in response to feedback. However, data collection remains inconsistent and the data currently available does not accurately reflect the changes reported anecdotally.
- 4.3 The Rehabilitation and Enablement Steering Group re-convened in January 2019. A number of actions have been agreed to progress local implementation of the agreed integrated rehabilitation and enablement pathway and improve data collection to evidence change in practice.
- 4.4 Location manager buy in and leadership are considered essential to support and encourage the change in culture and practice necessary to achieve the potential benefits and savings identified by the Rehabilitation and Enablement pilot project.
- 4.5 A more sustainable training package is in development with support from Practitioners and Clinicians with expertise in rehabilitation and enablement.



Other actions aim to build on and share the emerging good practice from those teams who have introduced rehabilitation and enablement to their day to day practice and to address the barriers they have identified.

- 4.6 Performance indicators and a framework for reporting from integrated health and social care teams to the Operational Management Team and from Operational Management Team to Senior Management Team is under development. The Senior Management Team is requested to support the implementation of this framework in practice and to request and receive regular summary reports from the Operational Management Team.

5 Equalities, Staffing and Financial Implications

- 5.1 An equality impact assessment is not required because this report provides an update on progress with implementation of change which has previously been approved.
- 5.2 The Chief Officer, along with the Chief Finance Officer and the Legal Monitoring Officer within Business Services of the Council have been consulted in the preparation of this report and their comments have been incorporated within the report.

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