

**From: ADP, Aberdeenshire (NHS GRAMPIAN)**  
**To: Multiple recipients**  
**Subject: Aberdeenshire Alcohol and Drug Services**

Dear All,

Alcohol and Drug services in Aberdeenshire use a simplified access system. All referrals for alcohol and/or drug issues from any source; (professional or self-referred) are funnelled through a hub structure managed by Turning Point Scotland in North Aberdeenshire and Alcohol and Drugs Action in South Aberdeenshire.

Contact can be made by phone on 01224 594700, email North Aberdeenshire [nhsq.kessockcliic@nhs.net](mailto:nhsq.kessockcliic@nhs.net) South Aberdeenshire [nhsq.grampianscspa@nhs.net](mailto:nhsq.grampianscspa@nhs.net) or through drop in facilities at times and places throughout Aberdeenshire. **Some of the drop in information has recently changed** (please see the poster attached.)

**This Service is for People That:**

- Are concerned about their substance use
- Are affected by the substance use of others, e.g. loved ones, family, friends
- Are concerned about any substance use e.g. alcohol, cannabis, illegal drugs, Novel Psychoactive Substances aka legal highs, prescription and/or over the counter medicines and solvents
- Are at any stage e.g. before use becomes problematic or in stable recovery and want support with employment, training or achieving other recovery goals
- Are receiving addiction treatment e.g. in primary care and would like additional recovery support.
- Have recently experienced an overdose
- Want any information about problematic alcohol or drug use

**This Service Will:**

- Offer immediate advice and information
- Perform an initial assessment and conduct preparatory work e.g. Testing for drug use, Blood Borne Virus Testing, Resuscitation Training and Naloxone Provision.
- Provide lapse management and relapse prevention work
- Initiate a Recovery Plan
- Provide outreach if attendance at hub venues is difficult e.g. because of rurality or infirmity
- Provide some time limited packages of therapeutic support
- Support clients to attend services as appropriate and agreed e.g. NHS Substance Misuse Service, Detoxification Services, Council Community Substance Misuse Service, Voluntary Organisations, Community Groups etc.
- Encourage and support families to be involved in recovery if appropriate
- Provide a continuing link to the range of services as recovery progresses
- Follow up people that have become disengaged from services
- Explore other facilities that will meet the needs presented

Kind Regards

Lynn Sutherland  
Strategic Development Officer  
Aberdeenshire ADP  
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Aberdeen, AB15 6RE  
01224 558570

next steps

family

treatment

advice

talk

support

Do you need advice,  
support, treatment or just  
to talk to someone because  
of alcohol or drugs?

ABERDEENSHIRE

# Alcohol and Drugs Service

## Self request or professional referral

Drop in at the times and places below, or for further information, support or advice  
contact Alcohol and Drugs Service on **01224 594700**.

North Aberdeenshire - [nhsg.kessockclinic@nhs.net](mailto:nhsg.kessockclinic@nhs.net) • South Central Aberdeenshire - [nhsg.grampianscspa@nhs.net](mailto:nhsg.grampianscspa@nhs.net)

### BANCHORY

- Number One Recovery Cafe, 1 Scott Skinner Square  
Tuesday - 11am to 4pm

### BANFF

- 83 North Castle Street  
Thursday and Friday - 10am to 4pm

### ELLON

- Ellon Parish Church, The Kirk Centre, Station Road  
Thursday - 1.30pm to 5pm

### FRASERBURGH

- Here For You Centre, 48 Broad Street  
Monday and Thursday - 10am to 12 noon
- JIC Centre, Albert Street  
Wednesday - 2.30pm to 3.30pm

### INVERURIE

- Will's Pharmacy, W High Street  
Friday - 9.30am to 1pm
- Garioch Community Centre  
Friday - 2pm to 4pm

### PETERHEAD

- 9 St Peter Street
  - Monday, Wednesday and Thursday - 9am to 5pm
  - Tuesday - 9am to 7pm
  - Friday - 9am to 4.30pm

### STONEHAVEN

- Community Centre  
Wednesday - 9am to 4.30pm

For further information contact Alcohol and Drugs Service on **01224 594700**.