

REPORT TO FORMARTINE AREA COMMITTEE – 7 JUNE 2016

RESIDENTIAL RESPITE SERVICES IN ABERDEENSHIRE AND THE CASE FOR REVIEW AND REDESIGN

1. Recommendations

The Committee is recommended to:

- 1.1 note the content of the attached report and provide comment to the Aberdeenshire Integrated Joint Board (IJB).

2. Discussion:

- 2.1 The attached report was presented to IJB on 11 May 2016. It was the recommendation of IJB that this report be taken to all Area Committees for information and to provide an opportunity for the Area Committees to contribute comments.
- 2.2 The Head of Finance and Monitoring Officer within Business Services have been consulted in the preparation of this report and any comments have been incorporated into the report.

3. Equalities, staffing and financial Implications:

- 3.1 Equalities, staffing and financial implications in respect of the report is noted at point 4 of the attached report.

Adam Coldwells
Chief Officer
Aberdeenshire Health and Social Care Partnership

Report prepared by Valerie Milne, Social work Manager
Date 16th May 2016

REPORT TO ABERDEENSHIRE INTEGRATION JOINT BOARD – 11 MAY 2016**RESIDENTIAL RESPITE SERVICES IN ABERDEENSHIRE AND THE CASE FOR REVIEW AND REDESIGN****1 Recommendation**

It is recommended that the IJB:-

- 1.1 **Note the current issues around residential respite.**
- 1.2 **Agree to a Rapid Review Group being established to develop a prioritised development plan**
- 1.3 **Agree to receive a further report and proposed prioritised development plan.**

2 Risks

- 2.1 IJB 4 – Service Capacity / Business Transformation
If the review and service redesign is not agreed there is significant risk that this service cannot be provided in the future within budget
- 2.2 IJB 9 – Child Protection
Continuing to provide services for both adults and children with single staff teams and built resources presents risks in terms of being able to continue to recruit staff with adequate training and skills and providing suitable child appropriate environments.
- 2.3 IJB 10 – Service Standards
Without redesign there are risks that services cannot be delivered to standards that are acceptable to service users, their Carers and to the relevant inspection agencies

3 Background**3.1 In-House Provision**

Aberdeenshire Council offers traditional residential respite services to adults and children with a range of learning disabilities and complex (emotional, physical and medical) needs across Aberdeenshire. Respite is provided for various reasons. It can be provided to give parents/carers a break from caring to support their caring role. It can be provided to enable service users to develop new skills and to achieve increased independence, to increase their social networks and to experience time away from the family home.



In-house respite is currently provided from three buildings located in Banchory, Fraserburgh and Peterhead. All the services are registered with the Care Inspectorate to support children and adults. These building can accommodate up to four adults or children at any time but because of complexity of need sometimes only one adult or child can be in a building. Staffing ratios also vary according to need with some people requiring a very high staff ratio. Because of these variants it is not possible to calculate a standard cost therefore a median unit cost has been worked out which is £23.02 per hour, per person. (See appendix 1: page 1 for fuller details of in house services)

Children's respite provision was set up in May 2001 and it was agreed that 25% of adult provision would be made available to children's services. At that time the children with disabilities service was in the same organisational structure as adults with disabilities therefore there was no budget transfer. The cost of providing children's respite services is around £216,000 per annum.

- 3.2 Commissioned Services in Aberdeenshire are delivered by Inspire in Ellon and Inverurie. The Inverurie service relocated on the 1st April 2016 to St James' Court in Inverurie, a new purpose built accommodation complex for adults with learning disabilities. There are two self-contained units for adults with the potential to develop a third unit if there is demand. Some residential respite is also commissioned through Archway's residential respite service in Aberdeen.

Current policy is to provide services which are inclusive and community based. It is therefore likely that demand for traditional residential respite for more able people will reduce. However some residential style respite will still be required for adults and children with complex needs and physical disabilities.

- 3.3 There are a number of factors which have to be addressed and mean that review and redesign of this service has to be undertaken now;

3.4 Changing Contexts:

- Integration – historically the adult learning disability service has provided children's respite from the adult budget. This is anomalous now under Health and Social Care Partnership arrangements.
- Inclusion models – policy drivers including the 'Keys to Life' at national level and IDEA at local level promotes a socially inclusive model of service provision where this is possible. We have a commitment to develop services which are more flexible and community based. It is an H&SCP strategic outcome priority to ensure that; *'communities across Aberdeenshire will be increasingly inclusive and self-sufficient, with high quality care and treatment for people with complex health and social care needs and / or who are vulnerable, available from a*



range of professionals and communities increasingly contributing to informal services offering low level support'.¹

- Focus on 'outcomes' – services should enable positive outcomes for individuals. Many current service users in respite are there to provide a break for carers. However, there is an opportunity to deliver more by ensuring that the experience of respite is beneficial for the service user too. Through outcomes focussed social work reviews it is anticipated that many people who currently receive an allocation of respite will move on to more suitable alternatives in the community.
- Self-Directed Support – through SDS individuals have more choice about the kinds of provision that meets their needs and more flexible and individual opportunities are now possible

3.5 Efficiency

Aberdeenshire currently provides residential respite from three buildings, none of which run at full capacity. This is an inefficient use of resources and results in high unit costs and a high level of voids. The units don't run at full capacity due to; lower demand in some areas; demand for specific times, leading to a proportion of the week where the resource is not being used; last minute cancellations; complex needs of some individuals, resulting in only one person occupying a building designed for 4; challenges and inflexibility arising from running dual service for both adults and children; difficulties recruiting and retaining staff in some areas. This links with National Health and Wellbeing Outcome 9; "Resources are used effectively and efficiently in the provision of health and social care services"²

3.6 New Alternative Resources

St James's Court provision includes 2, potentially 3, self-contained respite flats for adults only. This service is registered with the Care Inspectorate with provision transferring from an existing resource in Inverurie. The new provision has the potential for much more efficient use as the properties are self-contained and this will remove compatibility issues. The resource is also well designed and makes integration with a larger group possible. However, this leads to the need to decommissioning some current provision and also the opportunity to rationalise provision for children across south and central Aberdeenshire.

- 3.7 A workshop with stakeholders was held in June 2015 to look at modernisation of the service. A number of options for redesign were explored and scored for viability. Prior to this workshop some consultation work was undertaken with family carers. Further work needs to be done to provide a prioritised development plan and this is what the rapid review group will do. This prioritised development plan will be taken back to the IJB for approval. Further engagement work with service users and family carers will be conducted and this will be included in the report.

¹ AH&SC Partnership Priorities, page 4

² <http://www.gov.scot/Topics/Health/Policy/Adult-Health-SocialCare-Integration/Outcomes>



3.8 The Chief Officer, along with the Chief Finance Officer and the Legal Monitoring Officer within Business Services of the Council have been consulted in the preparation of this report and their comments have been incorporated within the report

4 Equalities, Staffing and Financial Implications

4.1 An equalities impact assessment is not required as there are no implications for people with protected characteristics at this stage.

4.2 There are no staffing implications at this point

4.3 It is likely that financial savings can be made through efficiencies and projections will be provided in the next report

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4th April 2016



Appendix 1

Aberdeenshire short breaks (respite) current service details

As of February 2016

In-house Residential Respite services

Highfield Bungalow Banchory.

Care Inspectorate ratings

- Quality of Care and Support - 3 Adequate
- Quality of Environment - 4 Good
- Quality of Staffing - 3 Adequate
- Quality of Management and Leadership - 3 Adequate

4 beds	adults	children
16 service users	8	8
322 night places allocated	182	140
Day support	1adult- 23 days	

Robertson Road, Fraserburgh

Care Inspectorate ratings

- Quality of Care and Support -5 Very Good
- Quality of Environment - 5 Very Good
- Quality of Staffing – 5 Very Good
- Quality of Management and Leadership - 5 Very Good

3 beds	adults	children
20 service users	14	6
385 night places allocated	317	68

Seafield Road, Peterhead /Willowbank Bungalow, Peterhead

Care Inspectorate ratings

- Quality of Care and Support -4 Good
- Quality of Environment -4 Good
- Quality of Staffing -4 Good
- Quality of Management and Leadership - 4 Good

2+3 = 5 beds	adults	children
30 services users	28	2
537 night places allocated	481	56



Commissioned Respite Services

Inspire respite service in Ellon

Care Inspectorate ratings

- Quality of Care and Support - 5 Very Good
- Quality of Environment -5 Very Good
- Quality of Staffing -5 Very Good
- Quality of Management and Leadership - 5 Very Good

2 beds	adults	children
15 service users	10	5
436 night places allocated	332	104

Inspire respite service in Inverurie open Thursday pm to Monday am

- Care Inspectorate ratings
- Quality of Care and Support -5 Very Good
- Quality of Environment - 4 Good
- Quality of Staffing - 4 Good
- Quality of Management and Leadership - 4 Good

2 beds	adults	children
	18	n/a
264 night places allocated	264	n/a

Archway Respite Service Aberdeen city

Currently supporting places for around 40 people across 3 locations (2014-15 figures)

Care Inspectorate ratings

- Quality of Care and Support -4 Good
- Quality of Environment -5 Very Good
- Quality of Staffing - 5 Very Good
- Quality of Management and Leadership -5 Very Good

Shared Lives and Short Breaks Bureau

'Shared Lives' – community based adult placement scheme

Care Inspectorate ratings

- Quality of care and support -5 Very Good
- Quality of environment (not inspected)
- Quality of staffing – 5 Very Good
- Quality of management and leadership – 5 Very Good



4 people in long term placements
1 person - shared care during university term
14 people - short breaks
5 people - day support
210 nights
68 days

Short Breaks Bureau

The Short Breaks Bureau is a single point of contact supporting carers, and those needing care, to access personalised short breaks. These can be as short as a one night stay away, such as a weekend trip where the person stays a Saturday night only, or more commonly a week away. The Bureau helps to connect people with short break opportunities that meet their particular needs and situation. Learning Disability usage figures were not accessible from the system.

Cost per service for respite breaks

Service	Cost
Shared Lives	4 long term placements costing to the Council £ 14,687.51 for 2014 Budget for Shared Lives £94,000 for 2014
Highfield Bungalow Banchory Robertson Road, Fraserburgh Seafield Road, Peterhead Willowbank Bungalow, Peterhead Inspire respite service in Ellon Inspire respite service in Inverurie	Local Authority establishments from 7th April 2014 = £753per week Learning Disability Rate from the 7th April 2014 per week = £79.70 £11.39 per night
Short Breaks Bureau	Accessing the Short Breaks Bureau is free. The short breaks themselves vary in cost. Breaks can be funded in various ways, for example: self-directed support as part of a care package through care management self-funded